



OUTDOOR GROUP FITNESS CLASSES & PICKLEBALL

PROGRAMS BEGIN ON MONDAY, AUGUST 31ST

PBAC is excited to start offering outdoor classes & pickleball!

We've missed you! Grab your gear, and let's start moving.

Please be prepared to follow new COVID safety protocols and procedures:

Sign up for class: all classes will require reservations using the Mindbody App. No drop-ins for class.

Reservations window: classes can be booked 3 days in advance. The booking window opens at 12:00 am.

Need help downloading Mindbody App: [HOW TO DOWNLOAD APP ON SMARTPHONE](#)

Need help booking a class: [HOW TO BOOK A CLASS](#)

Class cancellations: please cancel your reservation in the app at least one hour before the start of the class. At this time, we are not instating a cancelation fee.

Do not come to the club: if you have experienced any of the following Covid-19 related symptoms in the past 24 hours - fever (100.4+), cough, chills, headache, sore throat, shortness of breath, muscle pain (unrelated to exercise) or loss of smell or taste.

Arrival: please arrive to class at least 10-15 minutes before start time. You are required to check-in at the front desk using your PBAC key tag. The numerical keypad will be unavailable.

Waiver: Upon the first visit, all members/guests must sign an Assumption of the Risk and Waiver of Liability Relating to Coronavirus/COVID-19.

Things to bring: mask, personal water bottle, sweat towel, yoga mat, sunblock, sunglasses, hat, etc. Please be prepared for all types of weather.

Masks use required: throughout the property - when checking-in, when using the restroom, going to and from class/pickleball, and taking down the equipment.

Masks may be removed: during class/pickleball when maintaining an appropriate distance of at least 6' apart from other members during these outdoor sessions.

Please limit: personal belongings as we will not be providing lockers, storage, or key holding.

Indoor facilities: will not be open for use. Lockerrooms/restrooms will be available.

Class/Pickleball schedule: [CLICK HERE](#)

Classes will be held: weather permitting, on the grass area outside the club, and cycle classes will be held in the upper parking lot.

Class size: class size will be limited, and participants will be spaced 10 feet apart.

Use hand sanitizer: upon entering the club and after class/pickleball once you have cleaned your equipment.

Disinfectant spray bottle and cleaning towel: will be provided to clean equipment before and after class.

To clean equipment: spray disinfectant on the towel first and wipe all surfaces that have been touched during your workout. Deposit the used cleaning towel in the laundry hamper.

Pickleball: Currently, no reservations will be required. We will closely monitor activity and make changes as needed. We will follow the [USAPA Guidance on Safe Return to Play](#).

Comments and suggestions: please put your comments and suggestions in writing by sending an email to info@pbac.com. Please limit your time socializing in and around the club, and remember, this is new to everyone. We will learn more as we go.

Come enjoy the fresh air with us, socially distanced. We can't wait to see everyone back at PBAC!