# PISMO BEACH ATHLETIC CLUB PICKLEBALL SCHEDULE

#### PICKLEBALL CLINICS | RESERVATIONS REQUIRED | COURTS #1-4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
		3:30PM - 5:30PM	5:00PM - 7:00PM			
		Getting Started	Skills & Drills			
		(Level 1.0 - 3.0)	(Level 3.0+)			

# BEGINNER / (LOW) NOVICE CHALLENGE PLAY | PICKLEBALL SKILL RATING (1.0 - 2.5) | COURTS #1-4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
3:00PM - 5:00PM				3:00PM - 5:00PM		
Challenge Play				Challenge Play		
(Level 1.0 - 2.5)				(Level 1.0 - 2.5)		

#### (HIGH) NOVICE CHALLENGE PLAY | PICKLEBALL SKILL RATING (2.5 - 3.5) | COURTS #1-4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
	2:30PM - 4:30PM		2:30PM - 4:30PM			
	Challenge Play		Challenge Play			
	(Level 2.5 - 3.5)		(Level 2.5 - 3.5)			

#### INTERMEDIATE CHALLENGE PLAY | PICKLEBALL SKILL RATING (3.5 - 4.0) | COURTS #1-3

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8AM - 12PM	8AM - 12PM	8AM - 12PM	8AM - 12PM	8AM - 12PM	8AM - 12PM	8AM - 12PM
Challenge Play	<b>Challenge Play</b>	Challenge Play	Challenge Play	<b>Challenge Play</b>	Challenge Play	Challenge Play
(Level 3.5 - 4.0)	(Level 3.5 - 4.0)	(Level 3.5 - 4.0)	(Level 3.5 - 4.0)	(Level 3.5 - 4.0)	(Level 3.5 - 4.0)	(Level 3.5 - 4.0)

#### ADVANCE CHALLENGE PLAY | PICKLEBALL SKILL RATING (CERTIFIED 4.0+) | COURT #4

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8AM - 12PM	8AM - 12PM					
Challenge Play	<b>Challenge Play</b>	Challenge Play				
(Certified 4.0+)	(Certified 4.0+)					

#### PRIVATE PLAY | ALL LEVELS | COURTS #1-4 | CALL TO RESERVE | (805) 773 3011

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
7AM - 8AM						
Private Play						
12PM - 1PM	12PM - 3PM	12PM - 1PM	12PM - 2PM	12PM - 1PM	12PM - 4PM	12PM - 2PM
Private Play						
7PM - 9PM		6PM - 9PM	6PM - 9PM	5PM - 8PM		
Private Play		Private Play	Private Play	Private Play		

# PISMO BEACH ATHLETIC CLUB

Descriptions & Skill Level Rankings

# **GETTING STARTED SESSION**

Pickleball instructor Richard Dorman will teach the rules, scoring, court positioning, strategy, and much more. This session is great for both beginner and novice players (1.0 - 3.0). Reservations required through Mindbody.

# **SKILLS & DRILLS WITH ANDY**

Instructor Andy Park will advance your pickleball skills by focusing on footwork, 3rd shot drops, serves, lobs, overheads, and various volleys. In addition, the clinic includes at least 30 minutes of doubles gameplay. This clinic is for experienced players (3.0+). Reservations required through Mindbody.

### CHALLENGE PLAY

Challenge Play is a great way to play pickleball with players of a similar skill level without the hassle of trying to find a partner or group.

Please verify your skill level (below), and select the appropriate "Challenge Play" group. Given that skill levels fluctuate and are self-governed, this is a guideline, and common sense and adaptability should prevail!

### PRIVATE PLAY

Players can reserve private court(s) up to 3-days in advance by contacting PBAC at (805) 773 3011.

# PLAYER SKILL LEVEL

#### **BEGINNER (1.0 - 2.0)**

Give yourself a pickleball self-rating of (1.0 - 2.0) if you are just starting to play pickleball and you are just starting to understand the rules of pickleball.

#### NOVICE (2.5 - 3.0)

Give yourself a pickleball self-rating of (2.5 - 3.0) if (i) you can generally hit forehand drives, serves, and returns with medium pace, as well as dinks, but generally lack consistency and control (for instance, serves and returns are not consistent and lack depth); and (ii) you understand the basic strategy and rules of pickleball, including that you can keep the score properly.

#### INTERMEDIATE (3.5 - 4.0)

Give yourself a pickleball self-rating of (3.5 - 4.0) if (i) you can generally hit both forehand and backhand drives, serves, and returns with pace, as well as **dinks**, **drop shots**, and volleys (**including block volleys**) of different speeds, and have consistency and control; and (ii) you understand the strategy and rules of pickleball (including stacking), you have a moderate number of unforced errors, and you are moving quickly to the Non-Volley Zone line when you have the opportunity.

#### ADVANCE (4.0+) | CERTIFIED SKILL RATING

Your skill level has been certified by a pickleball professional (USTR rating), DUPR rating, or tournament play. (i) you can generally hit both forehand and backhand drives, serves, returns, dinks, drop shots, and volleys with pace, spin, depth, direction, consistency and control; and (ii) you understand the strategy and rules of pickleball (including stacking), you have a limited number of unforced errors, and you change your game play to attack your opponents' weaknesses on the court.